

Pool Lap Schedule

Effective: November 2 - February 22, 2013

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday	
5:30AM									
7:00AM	Adult Lap Swim/Exercise/Recreation (L/E/R)								
8:00AM						L/E/R		L/E/R	
8:15AM	Deep Water								
9:00AM	Shallow Strength	In The Deep	AquaLite	Boot Camp	Shallow Splash	Shallow Spalsh	L/E/R		
9:45AM							win		
10:00AM	Family Open Swim and L/E/R					dren's Sv Lessons			
11:00AM			L/E/R		Limited L/E/R Children's Swim Lessons				
1:00PM	L/E/R	MS Class	L/E/R	MS Class	L/E/R	Li		Family Open Swim	
2:00PM	L/E/R						and L/E/R		
3:00PM	REVERE SWIM TEAM					Family Open Swim and L/E/R			
4:00PM	L/E/R								
5:00PM	CSL - SEE SCHEDULE FOR TIMES								
3.001 W		L/E/R		L/E/R	Family Open Swim				
6:00PM	L/E/R	_, _, -,	L/E/R	_, _, _,	and L/E/R	Cente	er Close	es at 6:00PM	
		In The Deep Go Hydro/		In The Deep					
7:00PM	_	SEALS	Aqua Zen	SEALS	Therapy	L/E/R = Adult Lap Exercise			
8:00PM	L/E/R	02/120	Adult Lesson (8:15 - 9:00)	02/120	Pool	and Recreation Shaded Areas = Dependent Hours C.S.L. = Children's Swim			
8:30PM						Lesson	_		
9:00PM			L/E/R			See back of schedule for more descriptions.			
10:00PM	Center Closes at 10:00PM								

