

Pool Lap Schedule

Begins: August 1, 2016

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30AM	Adult Lap Swim/Exercise/Recreation (L/E/R)							
7:15AM	Aqua 4 All (45 min)	L/E/R	L/E/R	L/E/R	L/E/R	L/E/R		
8:00AM	Shallow (45 min)	In The Deep	L/E/R	In The Deep	Aqua Zumba			L/E/R
9:00AM	Children's Lessons (8/1-8/11)	Children's Lessons (8/1-8/11)	Lite/ Lessons (8/1-8/11)	Children's Lessons (8/1-8/11)	Shallow Splash	Shallow Spalsh	L/E/R	L/E/R
10:00AM					L/E/R	Limited L/E/R	Children's Swim Lessons	Zumba 10 - 10:45
10:30AM								
11:00AM	L/E/R				L/E/R	Family Open Swim and L/E/R	Family Open Swim and L/E/R	
11:15 AM								
12:00PM								
1:00PM	L/E/R	MS Class	L/E/R	MS Class				
2:00PM	L/E/R					Family Open Swim and L/E/R		
	Camp Swim							
3:00PM								
4:00PM	Family Open Swim and L/E/R				Family Open Swim and L/E/R			
5:00PM		L/E/R	L/E/R	L/E/R				
6:00PM	L/E/R	In The Deep	L/E/R	In The Deep			Center Closes at 6:00PM	
7:00PM			Adult Lessons 6:30-7:15				L/E/R = Adult Lap Exercise and Recreation Shaded Areas = Dependent Hours C.S.L. = Children's Swim Lessons LGT = Lifeguard Class See back of schedule for more descriptions.	
8:00PM								
9:00PM								
10:00PM	Center Closes at 10:00PM							

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