



Spring II 2015 April 28th – June 6, 2015

Member Registration begins: April 11, 2015
Non-Member Registration: April 18, 2015
Next Session: June 15, 2015

*All lead instructors are Red Cross certified
Lifeguard always on duty
No make-up lessons*

- **Reminder:** Children of parents, who have an individual or couple membership, are considered guests.
- **Program Registration:** Don't forget to fill out a program registration form prior to each session, found at the front desk or in the lobby flyer racks.
- **Questions:** If you have questions about classes, times or levels, call the aquatic department at 330-665-8131.

Cancellation Policy

- Classes cancelled 3 days prior to the first day of class will be given a full refund.
- Classes cancelled 1-2 days prior to the first day of class *will be given a full refund less a \$10 administrative fee*
- Classes cancelled on or after the first day of class will not be given a refund.
- Participants may choose to take a full credit **for the next session only**, rather than lose the \$10 administrative fee or the full amount.

You must contact the Aquatics Department to process a cancellation.

See class schedule and descriptions on reverse side.

Spring I 2015 class schedule and descriptions

Class	Day	Start Time	End Time	Fees	Code
5 years & under					
Parent/Child A	Saturday	9:30 am	10:00 am	\$40/\$70	331/332
Parent/Child B	Saturday	9:00 am	9:30 am	\$40/\$70	331/332
4 year old	Saturday	10:00 am	10:30 am	\$40/\$70	331/332
Beginners					
5 years & up					
Level 1	Saturday	11:30 am	12:00 pm	\$40/\$70	331/332
Level 2	Saturday	10:30 am	11:00 am	\$40/\$70	331/332
Level 2	Saturday	11:00 am	11:30 am	\$40/\$70	331/332
Level 3	Saturday	10:00 am	10:50 am	\$45/\$75	300/320
Level 4	Saturday	11:00 am	11:50 am	\$45/\$75	300/320
Level 5/6	Saturday	12:00 pm	12:50 pm	\$45/\$75	300/320
Level 2	Tuesday/Thursday	4:30 pm	5:00 pm	\$50/\$80	3413/3414
Level 3	Tuesday	5:00 pm	5:50 pm	\$45/\$75	300/320
Level 4	Thursday	5:00 pm	5:50 pm	\$45/\$75	300/320
Adults					
All Level	Wednesday	10:30 am	11:15 am	\$45/\$75	300/320
Beginners	Wednesday	6:15 pm	7:00 pm	\$45/\$75	300/320

Parent Child A: Child must be 6 months to 3 years old.

Parent Child B: Child must be at least 3 years old.

4 Year Old Beginners: Child must be at least 4 years old and have taken at least one parent child class.

Level 1: Child must be at least 5 years old &:

- Independently, enter water, travel 5 yards, blow bubbles for 3 seconds and exit safely
- Prone glide 2 body lengths, roll to back, back float for 3 seconds then stand up.

Level 2: Child must be at least 5 years old &:

- Independently, enter water, travel 5 yards, blow bubbles for 3 seconds and exit safely.
- Prone glide 2 body lengths, roll to back, back float for 3 seconds then stand up.

Level 3: Child must:

- Step into chest deep water, move into front float for 5 seconds, roll to back for 5 seconds then stand.
- Back float 5 seconds, roll to front then stand.
- Push off, swim 5 body lengths using arms and legs, roll to back, float for 15 seconds, roll to front and swim 5 more body lengths.

Level 4: To enter Level 4, child must:

- Jump into deep water, swim 15 yards, tread or float for 30 seconds and swim elementary backstroke 15 yards.

Level 5: To enter Level 5, child must:

- Safely dive into deep water and swim 50 yards elementary back stroke
- Swim Breaststroke for 25 yards, turn at wall and swim Backstroke for 35 yards

Level 6: To enter Level 6, child must:

- Swim 500 yards continuously, using at least 3 different strokes
- Jump into deep water, survival float for 5 minutes, back float for 5 minutes
- Do footfirst surface dive, retrieve object from bottom, return to surface and return to wall safely.