



Member Registration Begins 6/3, 6/30, 7/21

Guest Registration Begins 6/10, 6/30, 7/21

Summer Express 2-week sessions:

Jun 19-30, Jul 10-21, Jul 29-Aug 11

All lead instructors are American Red Cross Certified • Lifeguard always on duty

NO make up for missed sessions

Next 6-week session begins Sept 11

Don't forget: We also have a summer 6-week session beginning 6/17 on Saturdays for youth and Mondays for adults.

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Red Cross Class Schedule

Class	Day	Start Time	End Time	Fees	Code
5 Years & Up					
Level 1/2	M/W/F	10:00 am	10:30 am	\$50/\$80	3413/3414
Level 3	M/W/F	10:30 am	11:00 am	\$50/\$80	3413/3414
Level 4	M/W/F	11:00 am	11:30 am	\$50/\$80	3413/3414
Level 5/6	M/W/F	11:30 am	12:00 pm	\$50/\$80	3413/3414

*To ensure quality and cost effective programming, the aquatic department reserves the right to combine, add, or cancel classes as necessary.

Questions? Call the Aquatic Office at 330.665.8131.

Basic Class Descriptions*

Classes are held once a week for six weeks. Please let your instructor know if you plan to miss a lesson.

Level 1: Water Adjustment for children 5 years and up (without parents). Enter and exit in shallow end, move comfortably through water, submerge face (3 seconds), and float with support on front and back.

Level 2: Independent float on front and back, open eyes under water and retrieve objects, rhythmic breathing or bobbing 10 times, kick on front and back, roll from back to front/front to back, front and back crawls arm action, combined stroke front and back. 5 years and up

Level 3: The objective of Level III is continued improvement on the front and back crawl and to learn the butterfly kick and body motion. Rotary breathing and survival floats are also included in this level. 5 years and up

Level 4: The objective of Level IV is for students to develop confidence and improve on the front and back crawl and butterfly, while also being introduced to the elementary backstroke and breaststroke. Diving rules and safety assists are also built upon in this level. 5 years and up

Level 5: The objective of Level V is to continually build upon the front and back crawl for better endurance and stroke mechanics, as well as improvement on the elementary backstroke, butterfly and breaststroke. Sidestroke and swimming turns and introduced in this level. 5 years and up

Level 6: The objective of Level VI is to refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. 5 years and up

Cancellations Policy:

- **Cancellations 3 or more days before class will be refunded in full.**
- **Cancellations 1-2 days prior to the first class will be given a full refund, less a \$10 administration fee.**
- **Cancellation the day of or after will NOT be refunded.**
- **Any class cancelled by the Aquatics Department will be refunded in full.**
- **Please contact the Aquatics Department for cancellations.**

Program Registration: Don't forget to fill out a program registration form prior to each session, found at the front desk or in the lobby flyer racks.

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