

## Winter I 2015

January 5 – February 14, 2015

Member Registration begins: Dec. 13, 2014  
Non-Member Registration: Dec. 20, 2014  
Next Session: March 2, 2015



*All lead instructors are Red Cross certified  
Lifeguard always on duty  
No make-up lessons*

- **Reminder:** Children of parents, who have an individual or couple membership, are considered guests.
- **Program Registration:** Don't forget to fill out a program registration form prior to each session, found at the front desk or in the lobby flyer racks.
- **Questions:** If you have questions about classes, times or levels, call the aquatic department at 330-665-8131.

### Cancellation Policy

- Classes cancelled 3 days prior to the first day of class will be given a full refund.
- Classes cancelled 1-2 days prior to the first day of class *will be given a full refund less a \$10 administrative fee*
- Classes cancelled on or after the first day of class will not be given a refund.
- Participants may choose to take a full credit **for the next session only**, rather than lose the \$10 administrative fee or the full amount.

**You must contact the Aquatics Department to process a cancellation.**

*See class schedule and descriptions on reverse side.*

***Fall II 2014 class schedule and descriptions***

Class	Day	Start Time	End Time	Fees	Code
<b>5 years &amp; under</b>					
<b>Parent/Child A</b>	Saturday	9:30 am	10:00 am	\$40/\$70	331/332
<b>Parent/Child B</b>	Saturday	9:00 am	9:30 am	\$40/\$70	331/332
<b>4 year old</b>	Saturday	10:00 am	10:30 am	\$40/\$70	331/332
<b>Beginners</b>					
<b>5 years &amp; up</b>					
<b>Level 1</b>	Saturday	11:30 am	12:00 pm	\$40/\$70	331/332
<b>Level 2</b>	Saturday	10:30 am	11:00 am	\$40/\$70	331/332
<b>Level 2</b>	Saturday	11:00 am	11:30 am	\$40/\$70	331/332
<b>Level 3</b>	Saturday	10:00 am	10:50 am	\$45/\$75	300/320
<b>Level 4</b>	Saturday	11:00 am	11:50 am	\$45/\$75	300/320
<b>Level 5/6</b>	Saturday	12:00 pm	12:50 pm	\$45/\$75	300/320
<b>Level 2</b>	Tuesday/Thursday	5:00 pm	5:30 pm	\$50/\$80	3413/3414
<b>Level 3</b>	Tuesday Only	5:30 pm	6:30 pm	\$50/\$80	3413/3414
<b>Level 4</b>	Thursday Only	5:30 pm	6:30 pm	\$50/\$80	3413/3414
<b>Adults</b>					
<b>All Level</b>	Wednesday	10:30 am	11:15 am	\$45/\$75	300/320
<b>Beginners</b>	Wednesday	6:15 pm	7:00 pm	\$45/\$75	300/320
<b>Intermediates</b>	Wednesday	7:15 pm	8:00 pm	\$45/\$75	300/320

**Parent Child A:** Child must be 6 months to 3 years old.

**Parent Child B:** Child must be at least 3 years old.

**4 Year Old Beginners:** Child must be at least 4 years old and have taken at least one parent child class.

**Level 1:** Child must be at least 5 years old &:

- Independently, enter water, travel 5 yards, blow bubbles for 3 seconds and exit safely
- Prone glide 2 body lengths, roll to back, back float for 3 seconds then stand up.

**Level 2:** Child must be at least 5 years old &:

- Independently, enter water, travel 5 yards, blow bubbles for 3 seconds and exit safely.
- Prone glide 2 body lengths, roll to back, back float for 3 seconds then stand up.

**Level 3:** Child must:

- Step into chest deep water, move into front float for 5 seconds, roll to back for 5 seconds then stand.
- Back float 5 seconds, roll to front then stand.
- Push off, swim 5 body lengths using arms and legs, roll to back, float for 15 seconds, roll to front and swim 5 more body lengths.

**Level 4:** To enter Level 4, child must:

- Jump into deep water, swim 15 yards, tread or float for 30 seconds and swim elementary backstroke 15 yards.

**Level 5:** To enter Level 5, child must:

- Safely dive into deep water and swim 50 yards elementary back stroke
- Swim Breaststroke for 25 yards, turn at wall and swim Backstroke for 35 yards

**Level 6:** To enter Level 6, child must:

- Swim 500 yards continuously, using at least 3 different strokes
- Jump into deep water, survival float for 5 minutes, back float for 5 minutes
- Do foot first surface dive, retrieve object from bottom, return to surface and return to wall safely.