at the Akron General Farmers Market

AKRON GENERAL HEALTH & WELLNESS CENTER- WEST
4125 MEDINA ROAD, WEST AKRON
West Parking Lot
15 Summer Season Picks

Summer marks the peak of freshness for fruits and vegetables. Nothing is better this time of year than a fresh salad, salsa or grilled ears of corn. Here is a list of fruits and vegetables and their peak months. Keep this quick reference list handy all summer long as you shop your local farmers markets.

- **Apricots**: July – August
- **Beans**: July – Oct.
- **Blackberries**: August – Oct.
- **Blueberries**: July – Sept.
- **Broccoli**: July – Oct.
- **Cherries**: June – July
- **Corn**: August – Oct.
- **Cucumbers**: July – Sept.
- **Peaches**: August
- **Peas**: June – July
- **Peppers**: July – Oct.
- **Rhubarb**: April – July
- **Strawberries**: June – Sept.
- **Tomatoes**: July – Oct.

Produce availability and selection will vary throughout the season.

My Health. My Life.